

Howard Count Local Health Improvement Coalition
November 20, 2014 @ 8:30 am – 9:30 am
Potomac Room
Meeting Minutes

Attendees:

Elana Acs, Grassroot
Bob Anantua, Build Haiti Foundation
Mary Ann Barry, Transition Howard County
Leah Blain, Chase Brexton Health Services
Maria Carunungan, HC Health Department
Audra Nixon, AA Community Roundtable of HC
Brian Englad, British American Auto Cara
Liddy Garcia-Buñuel, Healthy Howard
Danielle Herrmann, Evergreen Health Care
Jon Lang, Howard County Dental Association
Kelly McMillan, Howard Community College
Shawni Paraska, Columbia Association
Glenn Schneider, Horizon Foundation
Kate Schulz, United Way of Central Maryland
Arleen Tate, Delta Sigma Theta
Joan Webb-Scornaienti, HC Drugfree
Phyllis Smelkinson, Healthy Howard
Kati Moore, HC Health Department

Eric Aldrich, HC General Hospital
Andrew Angelino, HC General Hospital
Paula Blackwell, FIRN
Wauseca Briscoe, Community Member
Liz Clark, Healthy Howard
Marsha Dawson, HC Dept. Of Citizen Services
Beverly Francis-Gibson, NAMI
Ronna Gotthainer, HC Health Department
Stu Kohn, HC Citizens Association
Monia Lewis, Healthy Howard
Andrew Monjan, Transition Howard County
Becky Ramsing, Health Promotion on Call
Maura Rossman, HC Health Department
Sowers Starr, HD Dept. of Citizen Services
Au'Sha Washington, Horizon Foundation
Donna Wells, Mental Health Authority
Davis Richard, We Promote Health
Attiya Mer-Blumenstock, FIRN

1. Opening remarks Dr. Maura Rossman:

- Been busy the past couple of months collecting data to help move health of our community forward.
- Developing recommendations for behavioral health.
- Next steps looking into how to move forward into 2015.

2. Announcements:

- Liz Clark and Wauseca Briscoe appointed co-chairs of Healthy Weight workgroup.
- Open Enrollment announcements: Christine Hall
 - Open enrollment has started out smoothly, with only a few minor issues.
 - MD Health Connection working well.
 - Ascend 1 building had 65 walk-ins on Monday 11-17-14, 75 on Tuesday 11-18-14, and more than 100 on Wednesday 11-19-14.
 - As of Wednesday 11-19-14, had 30 QHP (indicates households enrolled and not individuals.)
 - Have implemented a computer lab model, at both Ascend 1 building and the North Laurel Community Center to help consumers enroll, staff on hand to help with any questions consumers may have while enrolling via computer.
 - Ascend 1 kiosk available to assist consumers.
 - Will be holding large scale reenrollment fairs throughout the region.
 - Large scale enrollment for Howard County will be held on Saturday 2-7-15.
 - Stressing 12-18-14 deadline for current enrollees to re-enroll.
- Hilltop Project:
 - Will have more information at January meeting, should be able to show private side, and possibly what is being rolled out to the public.

- Collaborative Funding request:
 - MD health resource commission posted RFP for local health departments, for access to care and other opportunities.
 - HCHD sent LOI to commission on Tuesday 11-18-14.
 - Plan to use funds to help expand the CCT program, (help reduce hospitalizations from super high utilizers), also funds will be used to help continue work in transforming medical practices into medical homes that include integrated CHW's
 - Unprecedented model for Howard County, proposal is due in a couple of weeks.
 - LHIC meeting date changes:
 - Changing full LHIC meeting days from 3rd Thursday to 4th Thursday of the month. Current calendar invites will be deleted and new ones sent out.
 - Additional announcements:
 - MD University of Integrated Health has been approved to offer doctoral programs. Will Launch in January.
3. Sneak Peak of Howard County Health Assessment Survey data:
- Data in analysis phase.
 - Partners include Horizon Foundation, Howard County Health Department, Columbia Association, and Howard County General Hospital.
 - Working with Opinion Works out of Annapolis, good at providing both qualitative and quantitative data, and also good with working with focus groups.
 - BRFSS-largest ongoing telephone survey nationwide contains behavioral risk factors, switch core questions out and alternate questions to get a fairly accurate picture of nation's health.
 - Combined with short form Health Survey SF 12 (12 questions validated and tested to give a glance of how mental health is in a given community.
 - Bi-annually call 400 people.
 - Survey offered in both English and Spanish.
 - Media and community support yielded quicker survey time in 2nd term, robust "Answer the Call" campaign, and support from LHIC.
 - Observations:
 - Insurance Coverage-Increased
 - Personal Care Provider-Increased
 - Cost barriers to medical care-Decreased
 - Ed use instead of PCP use-Increased
 - Did not visit dentist in spite of need-Increased
 - Pre-Diabetes / Borderline Diabetes-Increased
 - Trying to lose weight-Increased
 - Child needs to lose weight-Decreased
 - Alcohol consumption-Decreased
 - Receiving mental health treatment-Decreased
 - Money related stress-Decreased
 - What does it all mean?
 - Still early yet, some changes to come. Can use information as a baseline.
4. Workgroup Reports:
- Access to Care:
 - Work group is diligently working on action plan for 2015-2017.
 - Carefully looking at data to strategize a comprehensive action plan.

- Behavioral Health:
 - Pulling data from behavior health task force.
 - Working on action plan for 2015-2017.
 - Working towards goals and strategies for continuing to work on continuum of care resource directory of behavioral health series.
 - Health Weight:
 - Actively working on action plan, defining goals and strategies in order to make biggest impact.
 - Possible Implementation of Healthy Aging Workgroup
5. State LHIC Annual Meeting:
- State-Wide, met 16 of 41 SHIP goals.